



FedExFamilyHouse



Grab and Go Treats

When the families come home from the hospital, nothing tastes better than a homemade cookie. Your group can bake cookies for the families in our Viking kitchens and prepare them in individual bags for the families to enjoy. It is a great team-building event that only takes a couple of hours. Each group provides all food ingredients and sandwich bags. You can bake the cookies from scratch or bring in commercially prepared cookie dough from a grocery store (Nestle Toll-House, Pillsbury, etc.). Cookie bake can be anytime of day!

FedExFamilyHouse will provide the utensils and cookie baking sheets. Popular cookie choices are chocolate chip, sugar, oatmeal raisin and butterscotch/toffee. Please be aware of common allergies such as nuts when deciding what type of cookies to bake. We do not recommend baking any cookies with nuts or nut products. Groups can prepare as many cookies as their time and budget allows. *We require all volunteers to be 16 years or older.*

Supplies for Cookie Baking

Items Your Group Provides:

- If cooking from scratch, all baking ingredients
OR
- Pre-prepared cookie dough from grocery store (must come from a commercial, health department inspected kitchen; cannot be prepared in individual homes)
- Sandwich bags to package cookies for individuals
- Food preparation gloves

Items FedExFamilyHouse Provides:

- Cookie baking sheets/pans
- Cooking utensils such as spatulas, spoons, etc.
- Mixers
- Oven Mitts/Aprons
- Cookie Cutters
- Viking ovens

Please pre-make labels for the sandwich bags. Label must include the date & type of cookie.
Example: 12/25/19 Chocolate Chip

There is limited parking space at FedExFamilyHouse, so we encourage carpooling. Please see "Parking Instructions" attachment. We'd be glad to show you around the House before you begin work on your volunteer project. Please schedule a tour when you sign up.

For more information, contact:

918 Poplar Avenue • Memphis, TN 38104 • 901.322.1971

FedExFamilyHouse.org

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